

Phi Beta Sigma presents

S.N.A.P.

Sigma News and Publications

Saying goodbye is hard to do...Enjoy it while it lasts!

Welcome readers to the very last issue of Spring 2010's Sigma News and Publication. "As a graduating senior, I would like to dedicate this issue to the class of 2010. May all our college experiences not be in vein."
-Rodney Brown



On the same note: we would like to send congratulations to Rodney as well the many other Red class seniors who passed the Major Field Test on Monday March 29th. It was an well anticipated day, but also the most stressful. For those unaware of what the MFT is, it's an examination much like practicum, that test on cumulative of the material learned throughout your 4yrs of schooling. The MFT is the statement that literally decides the outcome of you graduating. However, upcoming seniors don't get discouraged or seem disarrayed because the College of Business and

Relay For Life



April 16th marks a day in which we have all heard about for the last month. It's the first day to the start of Relay For Life. This

International event is sponsored by the American Cancer Society to help support and find cures for cancer patients. "Relay For Life fills a need for the millions of Americans touched by cancer to celebrate

the survivors and their lives, remember those they've lost, and fight back against the disease."--RFL Nationwide Advisory Team. Since about a month ago, several Longwood students have joined together to create groups of diverse teams. Among one of the teams is Team B.L.A.C.K, which acronym means "Being Lancers and Cancer Kickers." Members of B.L.A.C.K include all the organizations within the National Pan-Hellenic Counsel (NPHC), Black Student Association (BSA), and BASIC Gospel Choir. With team captain Jennifer James, our goal is to raise \$200.00 for the cause. We are trying to achieve this by fundraising through bowling nights and selling funnel cakes on the 16th. Also To keep the motivation going, the 6 represented NPHC organizations will be stepping at 6 AM on the morning of April 17th. Please come out and show you support to all the participating organizations. If you are interested in joining a team, register by logging onto the Relay For Life.org website or call 1 (800)227-2345.



Phi Beta Sigma is also a proud sponsor of March of Dimes. The Omicron Rho chapter has dedicated themselves to help raising funds for this cause as well. Currently, our goal is \$50.00--starting out small to build up later. Please help in contributing any donations towards this goal.

****Help Save Lives****

Upcoming Events For Phi Beta Sigma April 2010

Relay For Life	16-17th
Sigma Week	18th-23rd
Church with Sigma: Youth Explosion	Sun 18th 12noon
Sigma Saving Money	Mon 19th 7-8:30p
Voice Your Opinion w/ ΣΓΡ	Tues 20th 7-8p
Living Well Brother to Brother	Wed 21st 8-9p
Highway Cleanup	Thur 22nd 3:30-5
Fundraiser: Bath Salts	Fri 23rd
Study Break (Chic-Fil-A)	Sat 24th 5-7p

SNAPshot

March 2010

Voice Your Opinion: Ladies and Lyrics

With the ball rolling onto our 3rd VYO this year, March 18th we co-sponsored with the Pi Mu chapter of Delta Sigma Theta Sorority, Inc. during their Crimson and Cream week. Titled *Ladies and Lyrics*, this topic was based on the gendered portrayal of women in music. One of our main focuses was to speak on the topic and relating it to a positive or negative effect on our youth. Some of the songs discussed were Gucci Mane's *Freaky Girls*, Webbie's *I.N.D.E.P.E.N.D.E.N.T.*, and Lupe Fiasco's *Sunshine*.

Miss Phi Beta Sigma Scholarship Pageant

After careful consideration, we have decided to postpone the Miss Phi Beta Sigma Scholarship Pageant until the school year. The aims of our organization is to put scholarship first. Therefore with scholarship in mind, the event to be scheduled for April 23rd of our Sigma Week is postponed. We felt it would put too much pressure on ourselves and the candidates with final exams the following week. However as stated prior, the scholarship pageant will continue in the future semesters.

The programs initiative was to work with, help encourage, and support the non-Greek women of Longwood's campus. If you are or know of anyone who is interested in the Miss Phi Beta Sigma Pageant, please know that it is not just a book scholarship. It is an opportunity that prepares you for life and leadership experience. The world needs more women to rise up...so take YOUR stand!

Greek Week

March 21-26th was a week in which 22 of Longwood's Greek organizations paired up. One organization from each of CPC, IFC, and NPHC was paired to create one cohesive Greek Week team. Our team consisted of the Delta Zeta Sorority, Sigma Phi Epsilon Fraternity, and ourselves. In a theme, created by the Order of Omega, each team diligently worked to co-facilitate our efforts towards "Making Greeks Great."

During this time our respective teams competed against others to complete that days' challenge. Some of the events included dizzy bat and tug-of-war, poster and banner presentations, and Longwood Greek trivia knowledge. To

build a better tri-counsel community, we all attended Speaker and Comedian sessions Michel Chikwanine, a *Former Child Soldier* and Pete Lee. However, one of the more anticipated events of Greek Week was Greek Sync held in Willet Gym. This single event provided the biggest challenge for most teams.

With no less than 10-15 performers, it was difficult to find practice times that fit everyone's schedules. Yet no matter how each team coordinated their efforts, the end result of Greek Sync was purely Pan-Hellenic. Routines included LBDC or Longwood's Best Dance Crew, Partying on Miami Beach, Greeks and Geeks. The 4 category winners of Greek Sync were Best Theme: Phi Beta Sigma Fraternity, Inc., Delta Zeta Sorority, and Sigma Phi Epsilon Fraternity. Most Pan-Hellenic: Alpha Kappa Alpha Sorority, Inc., Sigma Kappa Sorority, and Phi Kappa Tau Fraternity. Best Dance: Kappa Delta Sorority, Tau Kappa Epsilon Fraternity, and Sigma Gamma Rho Sorority, Inc. Best Overall winners were: Zeta Phi Beta Sorority, Inc., Sigma Sigma Sigma Sorority, and Theta Chi Fraternity. After Friday's closing ceremonies, Greek Week came to an end. BUT...In the next days concluding, we all realized that we had made better friends of those who we once walked passed without words. Now as we see each other, friendly smiles, hey's, and sometimes in-depth conversations occur. Seeing the ending unfold as it did, Greek Week truly did "Make Greeks Great" through unity.

Spring Weekend 2010

April 9th-11th marked the weekend for students to see their favorite bands during Spring Weekend. Bands from all genre's as reggae, country, and hip hop attended the Lancer Production event. As many students, parents, and friends flocked to Longwood to see their favorite artists as Sister Hazel, Anthem Band, and J Cole, student organizations took this opportunity to sell fundraising items. As we sold snow cones and our soror's selling smoothies, the day seemed profitable many of the participating organizations. On the other hand, while one Brother was at Spring Weekend the other was attending

Spring Weekend cont...

the 2010 Eastern Regional Conferences at Dover Downs Hotel and Casino in Dover, Delaware. Brothers in the Eastern Region are comprised of: Maine, New Hampshire, New Jersey, Rhode Island, Vermont, Connecticut, District of Columbia, Delaware, Maryland, Virginia, West Virginia, Virgin Islands, Massachusetts, New York, Europe, and Germany. In attendance, Bro. Elliott learned several things ways to better the chapter, effective program, and how to represent Sigma in the best light.

Sigma Week April 18th-23rd

Sunday April 18th: Church with the Sigma's

We will be attending and fellowshiping with the Spirit of Life Church of God in Christ on 308 South Virginia and Church Street. Also providing a few selections will be the BASIC Gospel Choir. We encourage everyone to come out and worship with us!

(Service starts at 12 noon)

Monday April 19th: Sigma Saving Money

Come out to and get FREE MONEY! Co-sponsored with The Student Affairs Student Engagement Team, FREE MONEY will be given to all participants as our Presenters: Faculty member Ellen Masters, Longwood Alumni Chris Davis, and Bro. Rodney Brown teach you about financing and how to manage your money while in and after college. With our economy status, this will be valuable information and it PAYS to be informed. It's FREE MONEY!!!

(Location: Lankford Student Union Ballroom 7p)

Tuesday April 20th: Voice Your Opinion: Organizations on campus...

Everybody's favorite program is back again. This time will be hosting this event with those Pretty Poodles of Sigma Gamma Rho Sorority Inc. To wrap up the semester, we want you to discuss how you feel about NPHC. Real Talk. We hope to have a productive discussion and clear up any misconceptions that the student body has regarding our separate organizations and also how we can better serve YOU as a council.

(Location: Bedford Auditorium 7p)

Wednesday April 21st: Living Well Brother to Brother Part I of Living Well Brother to Brother, held in January

focused on Men's Health, both spiritually and mentally. We now offer part II of Living Well Brother to Brother to speak on the importance of weight control. Compare your eating habits now with what you were eating before. Are you living a healthier lifestyle now than when you were a Freshman or vice versa? Most times we are not living ideal lifestyles and therefore gives more weight to the "Freshman 5,10, 15, 20,..." It's real and it sticks with you well beyond your Freshman year. Think about breaking bad habits to increase your health and live longer lives.

Disclaimer

Sorry ladies, this program is for the brothers only... However, you can still get fit with Alpha Kappa Alpha Sorority Inc. and their Fit Club Challenge.

(Location: B-Room Lankford Student Union 8p)

Thursday April 22nd: Highway Clean Up

Since this is the 40th Anniversary of Earth Day, what better way to celebrate other than cleaning Mother Earth? The section of Griffin Blvd. closest to Dairy Queens is the adopted street of Zeta Phi Beta Sigma. On this day, we encourage everyone to clean up the Town of Farmville. Volunteers will need, so to let us know in advance if you would like to attend. Even if you're not attending, picking up two pieces of trash will still make a difference.

(Location: Griffon St. starting at Dairy Queen 3:30-5p)

Friday April 23rd: Fundraiser

As the Spring semester winds down, stress builds up...you soon find yourself wanting a release from it all. Purchase Lavender scented bath salts for rejuvenation and Peppermint scented bath salts energy for those times when you need to pep up! No worries if you don't have a bath tub, these will work just fine in the shower!

These salts will be available for preorder and can be picked up/delivered on the 23rd.

Ask a brother for more details!

Saturday April 24th: Study Break

On Reading Day we know you've studied up an appetite, come down to Chick-fil-a for the Spirit Night from 5-7p and take a break from the books!

Proceeds will go to increasing the Miss PBS and other Scholarship Funds

Welcome to Longwood Greekdom

On March 21th the Omicron Omicron chapter of Sigma Gamma Rho Sorority, Inc. supported their lone Prissy Poodle, Brittany Pendleton, as she paid tribute to her Founders and attending sorors. Brittany is a Junior attending Longwood and majoring in Liberal Studies. She is also involved in such other organizations as Lancer Productions and Order of Omega.

A week later, the Lambda Delta chapter of Alpha Kappa Alpha Sorority, Inc. officially presented their sisterhood to five of their Pretty Ladies. Among the new members to be revealed as Spring 2010's "Anticipated Proclamation" were Janis Reid (senior), Brittany Williams (sophomore), Karima El Madany (junior), Melody Dockett (senior), and Christa Brown (sophomore). Following their New Member Show they immediately plunged into the world of Greekdom with the events of Skee-Week, a week filled with service projects and campus programs.



A Come join the Xi Zeta chapter of Alpha Phi Alpha Fraternity, Inc. as they celebrate a great week of events here at Longwood University. Please support these gentleman as they program events as:

L Sunday April 11: **NPHC & BSA Joint Bowling Night!**
Main Street Lanes, Farmville V.A. from 6:00 - 9:00 p.m.

P Monday April 12: "**Chill wit the Bruhs!**"
6:30 p.m. in Dhall

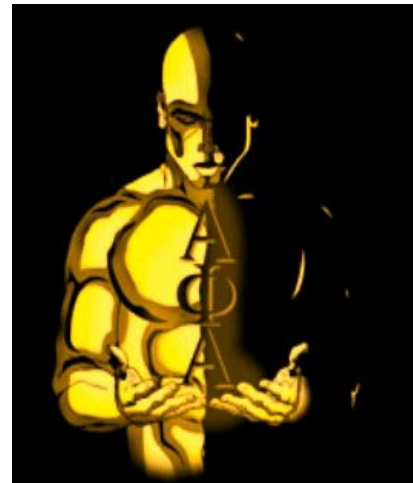
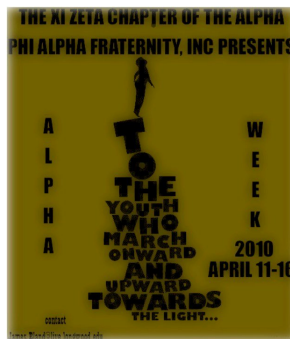
H Tuesday April 13: **Project Alpha**
Hull 132 at 7pm

A Wednesday April 14: **NPHC Study Night**
9:00 pm Cox Glass Lounge

W Thursday April 15: (For Men Only)
#Realtalk, State of the ALPHA male
7:00 pm in Hiner 207

E Friday April 16: **Go to High School Go to College**

K Please see one of the men of Alpha to find out more information.



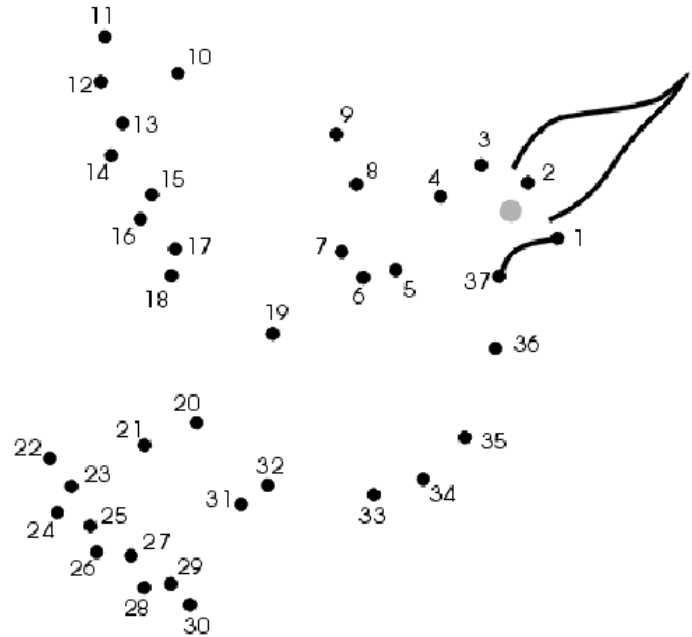
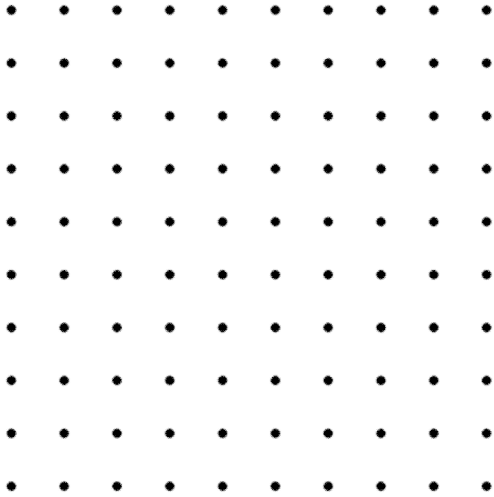
Quote of the Month

"Keep your faith, live your dreams...anything is possible"

-Anthem Band

Brain Teasers...

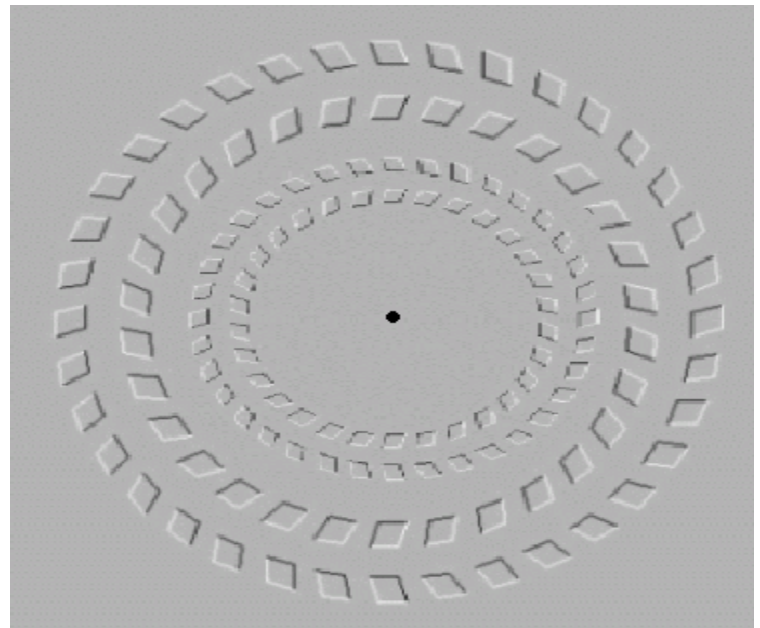
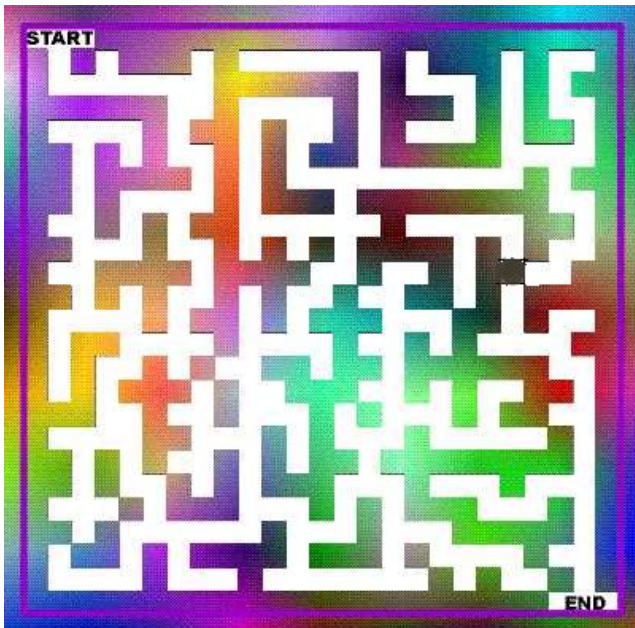
Game of DOTS



Q: The day before yesterday, Alan was 27. Next year he will be 30,

Q: What number comes next in this sequence:
42 1412 11141112 31143112 132114132112 ==?==

Stare at the dot in the center of the circle and then move your head closer to it.



For more information please visit
<http://omicronrhops.webs.com/>